

Physical Education

Intent

Our Physical Education (PE) curriculum aims to ensure all chidlren feel included and enjoy all aspects of physical activity. Our PE curriculum is built by teaching fundamental movement skills that can be transferred to sports specific skills throughout their primary education. The Fundamental skills teach them to be inquisitive about balance, coordination and agility through movement. Our aim is to encourage all chidlren to enjoy sport from an early age and to experience healthy competition so that chidlren can lead healthy and active lives.

Implementation

PE lessons take place twice per week throughout the school. In Key Stage One, these lessons focus on fundamental movement skills of balance, coordination agility. These lessons include: gymnastics, dance and athletics skills (e.g. running, jumping, ball skills). In Key Stage Two, these lessons focus more on sports specific skills such as netball, hockey and rugby. The core focus of these lessons is to ensure that child is working within their own ability level to allow for confidence and self-esteem building. Each child has the opportunity to simplify the task or choose a challenge as they see fit.

Swimming lessons take place in Key Stage Two. The aim is that all children are able to independently swim 25 meters of any stroke. Bradfield offers a wide variety of clubs such as: judo, athletics, football, netball and multi skills.

Impact

Our pupils speak highly of PE at school. The children's opinions are important to us and therefore we value their feedback on the annual Pupil Voice Questionnaire where they express how they feel about PE and their confidence levels and enjoyment. This then enables lessons to be adapted to encompass an increased variety of skills or specific sports. Clubs at school have a high uptake and the vast majority of pupils participate in inter-sport competitions each year.