

Personal Social Health Economic Education

(Including Relationships Education)

Intent

At Bradfield C.E. Primary School, PSHE enables our children to become independent, confident, healthy and responsible members of society. Our PSHE curriculum equips children with relevant and meaningful content, which is supported through a strong emphasis on emotional literacy, building resilience and nurturing mental and physical health. With an ever-changing society, we aim to provide our children with a strong understanding of the diverse world around them and support them in playing a positive role in contributing to the school and the wider community. The ambition is to equip children with the knowledge they require to make informed decisions regarding their own and others' health and wellbeing. They will learn what healthy relationships look and feel like and will develop their capacity to face challenging, complex and emotive situations with resilience. Children will know how and when to ask for help and where to access support when needed.

Implementation

National Curriculum coverage is ensured through the use of curriculum resources from the PHSE Association. These statements have been mapped to provide a personalised curriculum for Bradfield children based on their starting points. Weaving through the heart of our teaching, is a commitment to enhancing and promoting our core Christian Values.

Lessons are weekly with a focus on a Big Question, for example, "What is a family?". Lessons are interactive, involve debate and build on children's **curiosity** about themselves and others. Children learn about the **diverse** beliefs and **experiences** of others in their class, school and the wider world. As well as being supported to develop positive, healthy relationship with their peers both now and in the future, pupils gain an understanding of the physical aspects involved in RSE at an age appropriate level.

To be really effective, learning is embedded in other subjects including English, PE, Science, Computing and RE.

Impact

Pupils at Bradfield CE Primary School enjoy the debates within PSHE lessons. Learning is collected through observations of debate and creative responses to the topic. Pupil voice, behaviours and attitudes, evidences that pupils are on their way to becoming healthy, open minded, respectful, socially and morally responsible, active members of society.