Talking to people they don't know

Some games are designed to be played in teams or against other people, and sometimes players can be based in different locations. Young people can easily play with people they don't know and haven't met, communicating using voice, video or text chat.

Young people can also use other platforms, like Discord and Reddit, to learn tips about the games they play and speak to other players with similar interests. Many popular games have official channels with thousands of members. This puts young people at risk of grooming or online forms of abuse, along with the risk of moving the conversation to other platforms or meeting up offline. You should be aware of this across all online activity.



TIPS TO KEEP CHILDREN SAFE ON ONLINE GAMING

Check the game's content

Most games have an age rating based on their themes those with violent and sexual content will have a higher rating. The age rating system is provided by PEGI and gives an overview of individual games which can help you to decide if it's appropriate. These ratings don't include communication features, so a game with a low age rating may let children speak to people they don't know.

Change settings

Some games let players turn off communications features, mute voice chat and report other players who behave inappropriately. Look at the settings available to see what's best for your child.

All major games consoles have settings that prevent children from finding inappropriate games. You can set limits on how long a young person can play and prevent them from speaking to unknown players. It's a good idea to explore these settings before your child plays the game.

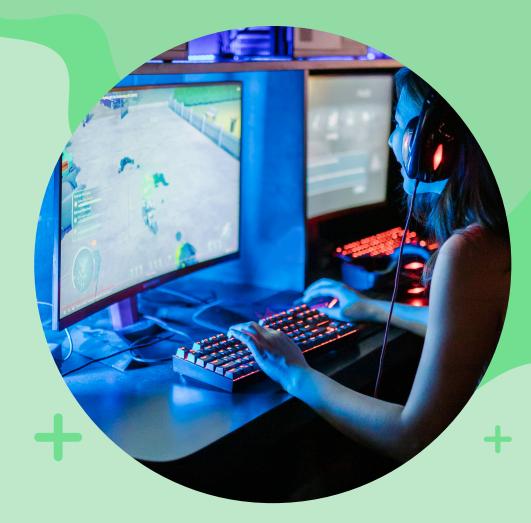
Talk to your child regularly

Talk to your child about staying safe online, take an interest in the games they're playing and see if you can play them together and agree which ones are appropriate.

If you're going to set limits on the amount of time a child can spend playing games, make sure these are clear and that you agree them together. You could try agreeing the number of rounds your child plays instead of a length of time.

Take time to play games with your children so that you can understand the features. You can find out if there is anything concerning you need to be aware of, or safety features or parental controls which should be enabled.

- Ask why they like playing the game?
- Discuss who they're playing with. Do they know everyone on their contact or friends list?
 Explain that conversations should only be about the game, and if someone starts asking them other questions or suggests they speak using another app they should tell you or an adult they trust.
- Talk to them about what they're sharing. Use examples that are easy for them to understand, such as: you shouldn't give your number or any other personal information to somebody you don't know.
- Discuss in-game purchases with your child. These can be really enticing; if you do allow your child to purchase items within the game discuss limits or set up their device so that purchases are turned off.



INTERNET SAFETY

ONLINE GAMING





ONLINE GAMING

Video gaming on computers and games consoles can be educational and sometimes benefit your child physically. As technology has improved and popularity has increased, a number of different types of game and playing styles have become available.

The competition in the market, and the everincreasing demands of gamers, have meant that games have developed added depth and detail, and are made more personal.

To give yourself the best chance of helping your child stay safe, find out about all the different types of game children play online.

UNDERSTANDING ONLINE GAMES

Online games can be a great way for children and young people to keep busy and stay in touch with friends and family, but it's important that they play safely.

Things to consider if your child games online:

- age ratings of games they play
- messaging and contact functions on the games
- in-game purchases
- trolling, griefing and scams

Also, if you have more than one child in your home, be aware that games suitable for one child to play or watch, may not be suitable for another.

Games can be generally split into different types:

- simple, short games like Candy Crush or Angry Birds;
- creative games, solving puzzles or building worlds such as Minecraft;
- games that need strategy and skill to play, like chess;
- adventure games that explore different worlds and conflicts such as Fortnite or Call of Duty.

Many games can be a combination of types as well as having other features, like the ability to interact and communicate with others. As well as interacting, players can share content, purchase in-game items, create their own games within the game and so much more.

THE RISKS

Bullying

Children can be bullied for not playing a specific game, or have fear of missing out. They may be deliberately excluded from a game by their friends, or criticised for how they play. Other players may swear or use abusive language over voice chat, and this can be upsetting.

If your child is experiencing bullying in online games, tell them they can talk to you or <u>contact</u> <u>Childline</u> and show them the blocking and reporting functions in a game, so they can prevent bullies from contacting them.

Trolling, Griefing and Scams

Griefers are gamers who deliberately try to ruin the game for other players. This can also be called trolling. Players may also try to trick or scam young people into giving up 'skins' or other in-game items by offering them money or by hacking their account. Skins are a cosmetic feature that let players personalise their character and in-game items, they can be extremely rare and valuable so losing them can be upsetting for a child.

In-game Purchases

Some games cost money to download, or players need to buy credits or items so they can keep playing. Many free games are designed to make the player want to continue but need payments to make this possible, which can be very frustrating. We suggest not storing payment card details on devices or in apps, to prevent charges building up.