



**SALAD BAR**  
Vibrant, fresh and seasonal salad everyday



**PRIMARY MENU**  
**AUTUMN 2024**  
SEPTEMBER - DECEMBER

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN COURSE</b>	<b>VEGGIE CURRY</b>	<b>BANGERS &amp; MASH</b>	<b>BEEF CHILLI</b>	<b>ROAST DINNER</b>	<b>FISH OF THE DAY</b>
	Creamy Vegetable Korma	Butcher's Pork Sausage	Mexican Beef Chilli	Roast Turkey Crown	Breaded Pollock Fillet
<b>MEAT FREE MAIN COURSE</b>	<b>SWEET &amp; SOUR VEG</b>	<b>VEGGIE SAUSAGE</b>	<b>BEAN CHILLI</b>	<b>VEGGIE ROAST</b>	<b>VEGGIE CAKE</b>
	Roast Cauliflower with Sweet & Sour Sauce	Garden Vegetable Sausage	Mexican Butternut Squash & Bean Chilli	Roast Quorn Fillet	Breaded Vegetable Cake
<i>Sides</i>	White Rice & Broccoli	Mashed Potato & Baked Beans	Potato Hash & Sweetcorn	Roast Potatoes, Sliced Carrots & Gravy	Rosemary Potato Wedges & Garden Peas
<b>BREAD</b>	Naan Bread	Baguette Slice	Tortilla Chips	Soft Roll Wedge	Flatbread Finger
<b>ALTERNATIVE MAIN</b>	Jacket Potato with Baked Beans & Cheddar Cheese	Penne Pasta with Homemade Tomato Sauce & Cheddar Cheese	Jacket Potato with Baked Beans & Cheddar Cheese	Penne Pasta with Homemade Tomato Sauce & Cheddar Cheese	Jacket Potato with Baked Beans & Cheddar Cheese
<i>Dessert</i>	Cheddar Cheese & Cream Crackers	Fresh Fruit Salad	Apple Doughballs	Coconut Yoghurt & Oaty Biscuit	Vanilla Ice Cream
<b>FRESH FRUIT</b>	Watermelon Slice	Pineapple Sticks	Galia Melon Wedge	Watermelon Slice	Pineapple Sticks
<i>Packed LUNCH</i>	Egg Mayo & Tomato or Cheddar Cheese & Salad Sandwich	Coronation Chicken & Salad or Cream Cheese & Chive Baguette	Chicken Mayo & Sweetcorn or Cheddar Cheese & Cucumber Sandwich	Honey Roast Ham & Salad or Egg Mayo & Chive Baguette	Tuna Mayo & Cucumber or Cheddar Cheese & Tomato Sandwich
	Cucumber Sticks, Organic Fruit Yoghurt, & Satsuma	Carrot Sticks, Organic Fruit Yoghurt, & Banana	Pepper Sticks, Organic Fruit Yoghurt, & Satsuma	Cucumber Sticks, Organic Fruit Yoghurt, & Banana	Carrot Sticks, Organic Fruit Yoghurt, & Apple

**DATES: 16TH SEPTEMBER | 7TH OCTOBER | 28TH OCTOBER | 18TH NOVEMBER | 9TH DECEMBER**