



SALAD BAR

Vibrant, fresh and seasonal salad everyday



PRIMARY MENU

AUTUMN 2026

SEPTEMBER - DECEMBER

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	CHOW MEIN	MEXICAN CHICKEN	ROAST DINNER	CHICKEN KATSU	FISH OF THE DAY
	Quorn Chow Mein with Rainbow Vegetables	Fajita Seasoned Chicken & Mixed Peppers in a Tomato Sauce	Roasted Ham	Crispy Chicken with Katsu Curry Sauce	Breaded Pollock Fillet
MEAT FREE MAIN COURSE	QUORN BURGER	MEXICAN QUORN	MEAT FREE ROAST	CAULI KATSU	VEGGIE BITES
	Classic Quorn Cheeseburger in a Bun with Rosemary Potato Wedges	Fajita Seasoned Steak Style Quorn & Mixed Peppers in a Tomato Sauce	Quorn Roast	Crispy Cauliflower Grill with Katsu Curry Sauce	Crispy Pea & Veg Bites
<i>Sides</i>	Corn Ribs	Steamed Rice & Whole Green Beans	Roast Potatoes, Carrots & Gravy	Steamed Rice & Broccoli	Potato Wedges & Garden Peas
BREAD	Baguette Slice	Flatbread Finger	Baguette Slice	Naan Bread	Soft Roll Wedge
ALTERNATIVE MAIN	Jacket Potato with Baked Beans & Cheddar Cheese	Penne Pasta with Homemade Tomato Sauce & Cheddar Cheese	Jacket Potato with Baked Beans & Cheddar Cheese	Penne Pasta with Homemade Tomato Sauce & Cheddar Cheese	Jacket Potato with Baked Beans & Cheddar Cheese
<i>Second Course</i>	Cheese & Crackers	Blueberry Muffin	---	Victoria Sponge	Vanilla Yoghurt & Oaty Biscuit
OR FRESH FRUIT	Honeydew Melon Wedge	Watermelon Slice	Fresh Fruit Salad	Mango Chunks	Pineapple Sticks
<i>Packed LUNCH</i>	Egg Mayo & Tomato or Cheddar Cheese Salad Sandwich	Coronation Chicken or Cream Cheese & Chive Baguette	Chicken Mayo & Sweetcorn or Cheddar Cheese & Cucumber Roll	Tuna Mayo & Cucumber or Egg Mayo & Chive Baguette	Ham Salad or Double Cheese & Tomato Sandwich
	Cucumber Sticks, Organic Fruit Yoghurt & Satsuma	Carrot Sticks, Cherry Flapjack & Apple	Pepper Sticks, Organic Fruit Yoghurt & Satsuma	Carrot Sticks, Cherry Flapjack & Apple	Cucumber Sticks, Organic Fruit Yoghurt & Satsuma

DATES: 7TH SEPTEMBER | 28TH SEPTEMBER | 19TH OCTOBER | 9TH NOVEMBER | 30TH NOVEMBER | 21ST DECEMBER