



Did you know...?

Only 7% of the way we communicate is through our words! That means that 93% is through the way we look. We can do this by lots of different ways:

- **Facial expression** - the way our face shows how we feel, for example, smiling or frowning when happy or sad, screwing up our nose when grumpy, lifting our eyebrows when surprised or shocked...
- **Posture** - the way our body shows how we feel, for example dropping our head when we are lonely or upset, standing straight when we feel confident...
- **Gesture** - showing what we mean using our body, for example, nodding for yes, shaking our head for no, thumbs up, pointing, shrugging...
- **Movement** - the way we move around which shows how we feel, for example, jumping around with arms in the air when excited, stamping feet when angry, walking slowly when sad...
- **Eye contact** - looking at people to show listening and interest or not looking at people to show we're ignoring them, circling our eyes to show boredom or sarcasm, eyes wide open to show we're scared...
- **Distance** - showing how we feel about someone using space, for example, being close for a hug or walking away from someone if feeling frustrated...
- **Touching** - showing how we feel by using our body to make contact with another person, for example, holding hands or hugging to show love and friendship...
- **Clothing** - showing our feelings, interests or something we belong to through what we wear, for example, wearing a sports team logo, a pop group t-shirt, wearing bright colours when happy or dark colours when sad, school or a club uniform...

How to use this resource...

Think about the way we show how we feel through **Facial Expression**.

Pick a face - Bradfield girl, Bradfield boy or choose to create your own Bradfield character! Choose the appropriate level of vocabulary for your child.

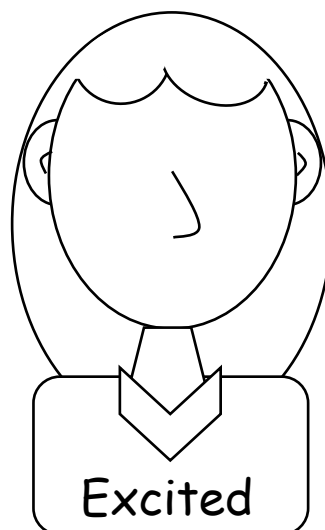
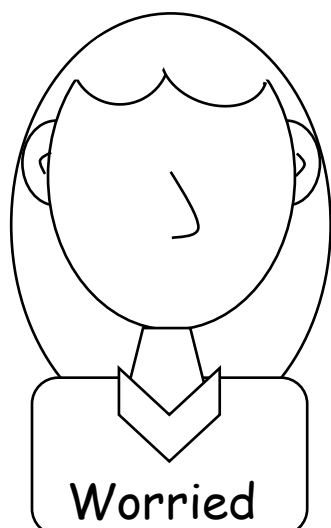
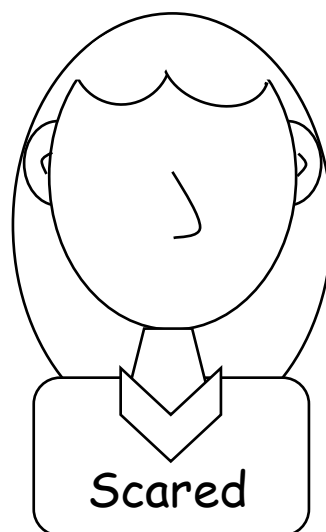
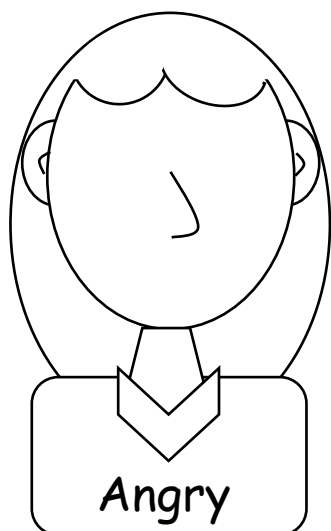
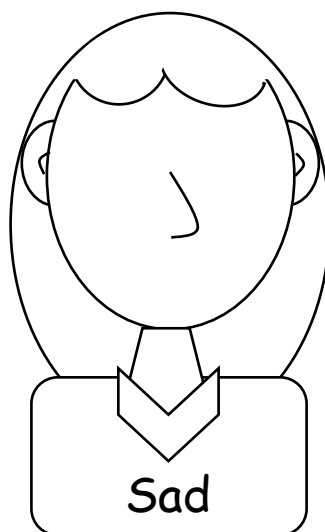
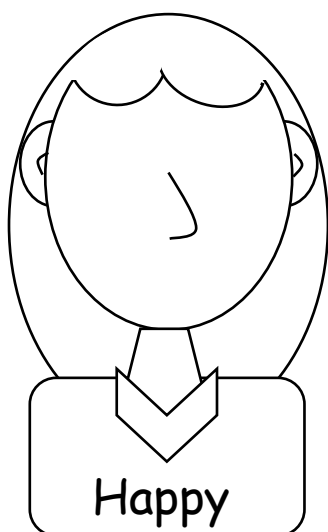
Look carefully at the words - show how the Bradfield child is feeling by drawing on the facial expressions. You may like to use a mirror to look at how you show the feeling.

Think about -

- Eyes
- Eyebrows
- Mouth
- Face colour
- Lines in face, e.g. wrinkly nose or forehead

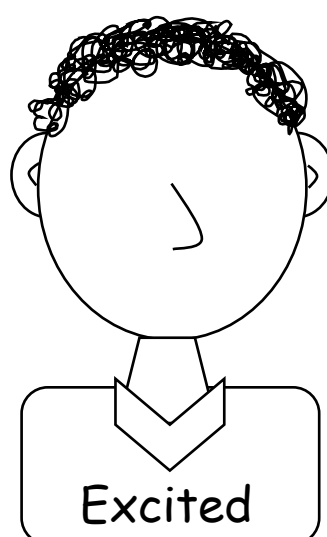
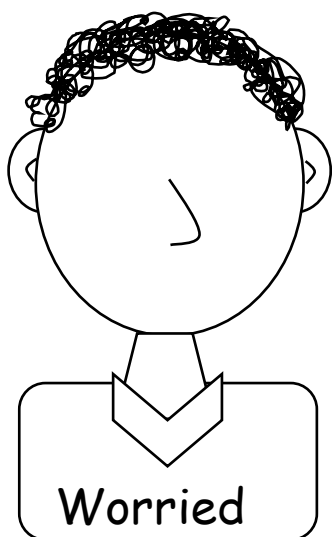
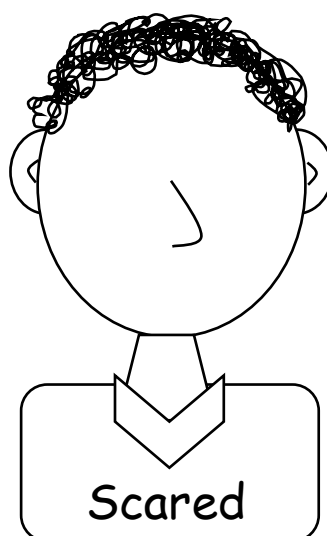
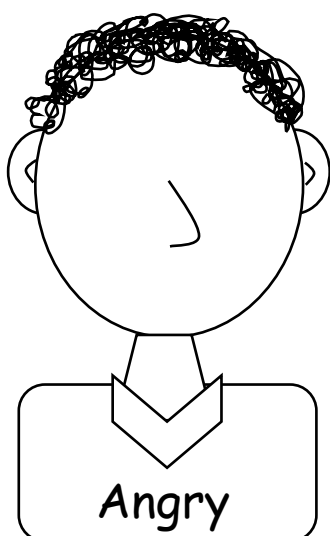
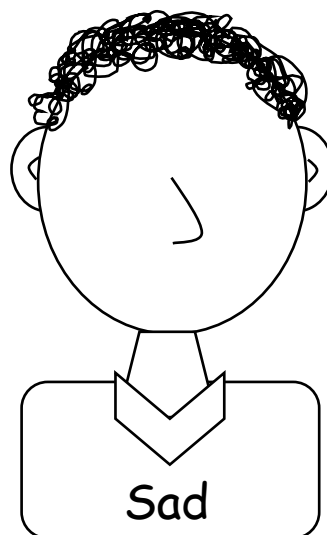
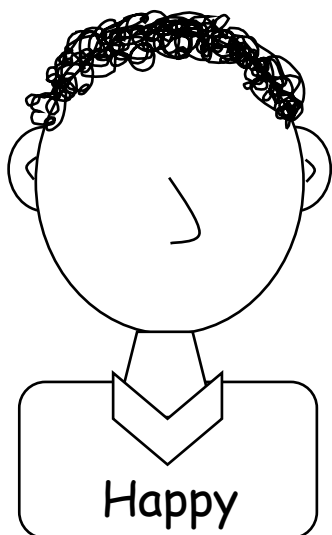


Can you draw
on the faces
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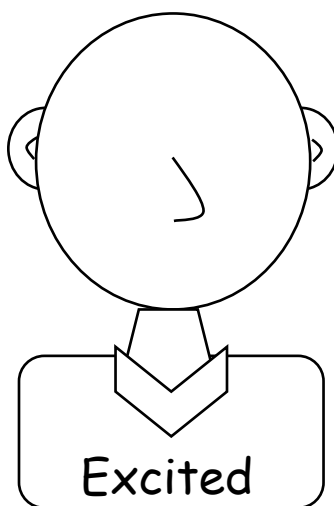
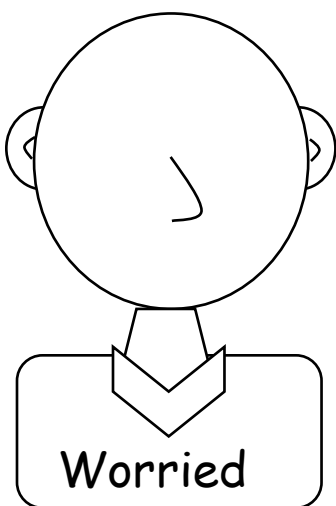
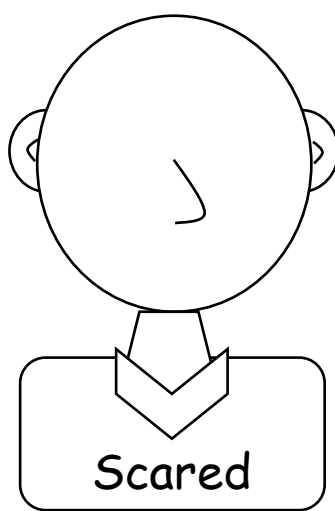
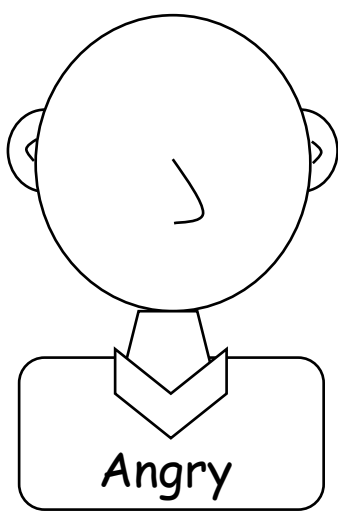
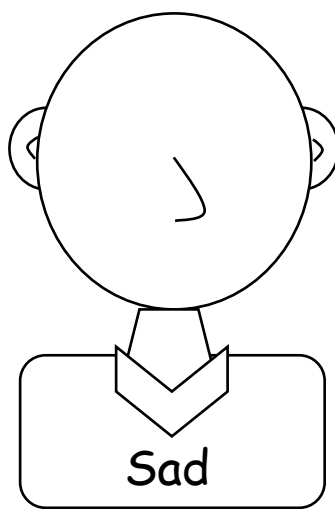
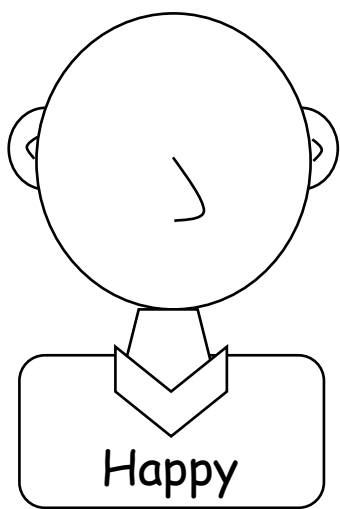


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